

## Web Resources for Perinatal Mood Disorders

[www.womensmentalhealth.org](http://www.womensmentalhealth.org)

Massachusetts General Hospital Center for Women's Mental Health- a resource for professionals and patients; regularly updated blog regarding new journal publications, legislative initiatives, news, etc

Excellent handouts for patients can be downloaded from the site and reprinted:

MAJOR DEPRESSION DURING CONCEPTION AND PREGNANCY: A Guide for Patients and Families  
POSTPARTUM DEPRESSION: A Guide for Patients and Families

[www.mededppd.org](http://www.mededppd.org)

9 CME modules on postpartum depression

[http://www.mededppd.org/care\\_pathways.asp](http://www.mededppd.org/care_pathways.asp) detailed explanation of screening and treatment decision tree

<http://www.mededppd.org/mothers/> website link for mothers

<http://www.psych.uic.edu/research/perinatalmentalhealth/> Comprehensive information for professionals and patients from the University of Illinois Perinatal Mental Health Project

<http://www.motherisk.org/prof/index.jsp> (for Professionals)

<http://www.motherisk.org/women/index.jsp> (for Women)

Motherisk Program at the University of Toronto provides authoritative information and guidance to pregnant or lactating patients and their health care providers regarding the fetal risks associated with drug, chemical, infection, disease, and radiation exposure(s) during pregnancy.

[www.postpartum.net](http://www.postpartum.net)

Postpartum Support International which has its own Maine Chapter

<http://mchb.hrsa.gov/pregnancyandbeyond/depression/morethanblues.htm> U.S. Department of Health and Human Resources, Health Resources and Services Administration, information on perinatal mood disorders