



Minutes  
**MAPP Executive Council Meeting**  
**November 16, 2017**

**Participants** Drs. Henry Skinner (President-elect), Bobby Kysela, David Moltz, Sarah Muscat, P. Lynn Ouellette, Regana Simmon, Annya Tishner  
**Staff:** Dianna Poulin, Andy MacLean  
**Excused:** Drs. Jeffrey Barkin, Dylan McKenney, Malcolm Rogers

TOPIC	DISCUSSION	ACTION/OUTCOME
<b>Call to Order and Approval of Minutes</b>	Dr. Henry Skinner called the meeting to order at 6:03 p.m. <i>A motion was made and seconded to accept the September 28, 2017 meeting minutes as distributed. VOTE: Motion Carried.</i>	Accepted
<b>Administrative Report</b>	<p><u>2018 MAPP District Branch Openings.</u> In the agenda packet is the list of EC openings as of May 2018. A slate will need to be presented to the full membership 30 days before APA's next annual meeting in May.</p> <p><u>Update from DB/SA Executives Meeting at the APA.</u> D. Poulin reported that this year's conference for the DB/SA Execs was one of the better ones she attended. There was lots of sharing amongst the different states. One particular session was entitled 60 Ideas in 60 Minutes where folks would rise and within 60 seconds talk about something their DB has done such as membership and resident engagement, events, advocacy, technology and more. A list of each of the 60 ideas was provided in a typed format. D. Poulin suggested that the EC may wish to try some of the ideas suggested.</p>	<p><b>This discussion will continue until a slate is formed.</b></p> <p><b>This document will be discussed more at future meetings of MAPP.</b></p>
<b>Resident Report</b>	Dr. Kysela reported that the residents are very busy and candidate interviews are underway for next year's class. The new residents are acclimating very well and there is a good, diverse group. It was noted that no	<b>Informational</b>

	residents attended the talk last week, but Dr. Kysela noted that Dr. Reynolds has presented to the residents on a number of occasions.	
<b>Committee Reports</b>		
<b>YTD Financial Report</b>	<p>Dr. Jeffrey Barkin was unable to attend the meeting but presented the following in a written report:</p> <p>MAPP continues to do well financially with year-end cash balances at a record high of \$222,575 as of 11/9/2017. This success is driven by MAPP educational programs, member dues, investment income, and grant money including the consultation project grant.</p> <p>Expenses remain stable with no looming/anticipated substantial outflows in the near term. Fiscal weakness includes a large number of non-dues paying members secondary to retirements. This can continue to be offset by gifts from those members and such contributions are strongly encouraged. Additionally, membership numbers have decreased thereby further lowering our dues related income. It is anticipated that membership numbers will continue to decline modestly, again driven by member retirements and the relatively few psychiatric physicians moving to Maine from other regions.</p> <p>Using prior years data and trends, it is recommended that the end of year balance for 12/31/2018 target be \$228,000 so as to allow MAPP to keep pace with inflation.</p> <p>MAPP continues to thrive financially as a result of the hard work of our members. The program committee has done a terrific job once again at putting on wonderfully engaging programming which has contributed mightily to our financial goals.</p>	<b>D. Pouliin will send out the appeal letter to non-dues paying members in early December.</b>
<b>Legislative/ Governmental Affairs/ Public Affairs.</b>	<p>Andy MacLean educated the group about the legislative process. We are between the first and second legislative session. The leg process and highlights for the administrative report. We have been between the 1st and 2nd regular session of the current legislature. The legislators will return on January 3<sup>rd</sup> and if all goes well during the year, they will conclude their work sometime in mid-April. During the shorter second session, the bills come from a few places: 1) bills carried over from the first session; and 2) bills that of a fiscal or emergency nature; and 3) the governor submits a bill which he can do at any time.</p> <p>There was an unusual number of bills during the first session that have carried over to the next session. It is unclear how the carryover bills will be handled. Typically, they are reported out by the end of January. Generally speaking, all of those carryover bills already had a public hearing so there is no more opportunity for public input. If MAPP has an issue with LD912, "An Act To Clarify the Scope of Practice of Certain Licensed Professionals Regarding Conversion Therapy" then MAPP should be thinking about writing a letter to the committee when they reconvene on January 3<sup>rd</sup>.</p>	<b>Informational</b>  <b>Should a letter be drafted to the committee to address MAPP concerns with LD912, "An Act To Clarify the Scope of Practice of Certain Licensed Professionals Regarding Conversion Therapy".</b>

	<p>In contrast to the first session, the pace of every second session is very fast and they will be moving quickly because 1) 2018 is an election year and there is an open gubernatorial race with multi candidates on both sides; and all 186 seats in the legislature are up in 2018.</p> <p>Of note is the fact that it is usually a supplemental budget presented in the second session and more often than not it is proforma (balance) budget. There is a rumor that the governor is not going to submit a supplemental budget. During the second session there is going to be three priority issues on the agenda. 1) the governor's veto message on marijuana legalization bill (how to regulate it); 2) how to implement Medicaid expansion; and 3) the opioid abuse crisis. The opioid task force is supposed to issue their final recommendations by the end of this month and their report will have an influence on the various bills that are carried over and submitted during the 2nd session on that topic.</p> <p>Concerns were expressed about the governor's failure to push forward the Medicaid expansion. Mr. MacLean met with the Healthcare for Maine group this morning and there are a few things to think about: here: Democrats in the legislature are going to push for full implementation. The Senate Republicans have been much more moderate than the House Republican leaders. It seems that Senate Republicans have generally been much more cautious or have distanced themselves from the LePage administration. So there is some hope they may be more willing to move towards implementation. The fallback is that the coalition is prepared to legislate the matter. This issue could kick around the legislature for most of the session.</p>	<p><b>For more information, MMA has a legislative summary powerpoint and an annual report of the legislative committee with the full-tracking list that is available on the MMA's website on the legislative/regulatory page.</b></p> <p><a href="https://www.mainemed.com/advocacy/legislative-regulatory">https://www.mainemed.com/advocacy/legislative-regulatory</a></p>
<b>Assembly Report from APA Meeting</b>	<p>Dr. Andres Abreu and Annya Tisher attended the Assembly Meeting. Dr. Tisher presented their report.</p> <p>APA President Dr. Anita Everett opened the Assembly meeting by highlighting the aims of her presidency: 1) physician well-being and professional burn out; 2) innovation in medicine; 3) belonging (improving APA website, increasing membership). Dr. Everett concluded her talk by focusing on the need for greater recognition of the demands of the profession and the high rates of depression, particularly in trainees. Members were asked to complete a 5 minute survey on burnout which can be found at: psychiatry.org/wellbeing</p> <p>Dr. Saul Levin provided a brief summary of the current state of the APA. Membership in the APA is the highest it has been since 2002. Dr. Levin pointed to the APA's continued efforts in the area of integrative care as well as newer, more expansive efforts related to disaster relief for mental health care stemming from the series of hurricanes which battered Florida, Texas, and the Caribbean. Dr. Levin also offered his perspective on maintenance of certification and reiterated his sentiment that "MOC is broken" and in need of substantive change from ABPN. He cited his on-going efforts to engage ABPN and welcomed the continued efforts of the APA Assembly to push this agenda forward.</p> <p>There are a number of elections and members are encouraged to visit the APA website for more information on the 2018 at: <a href="https://www.psychiatry.org/psychiatrists/awards-leadership-opportunities/leadership-opportunities/elections">https://www.psychiatry.org/psychiatrists/awards-leadership-opportunities/leadership-opportunities/elections</a></p>	<b>Informational</b>

<b>Assembly Report from APA Meeting</b>	<p>Action paper 12L (also authored by Drs. Plakun and Feder) sought to rectify issues related to the lack of implementation of the Mental Health Parity and Addiction Equity Act (MHPAEA or parity law). Specifically, this action paper resolved that insurance and third party mental health/substance use disorder utilization management and medical necessity criteria should be developed by psychiatrists, and medical necessity criteria should be in full compliance with state and federal parity laws, and that insurance companies and third parties make available information about how their utilization review criteria complies with MHPAEA requirements. While the action paper passed, unfortunately, the assembly opted not to have the position statement sent directly to the Board of Trustees.</p> <p>The MAPP executive council was proud to offer their endorsement to action paper 12I, also born out of area 1, which endorsed the adoption of a position statement strongly recommending 12 weeks minimum of paid parental leave. This was discussed in the reference committee on education and I was proud to speak in favor of this paper on behalf of MAPP. There was objection to the inclusion of men, adoptive parents, and concerns about the financial implications for small business as many psychiatrists are themselves small business owners. Eloquent rebuttals were offered by many and it was emphasized that the action paper was well grounded in the scientific evidence in terms of the 12 week time-frame being minimally important for attachment and development and there is ample evidence supporting the involvement of fathers and 2 parents of any gender.</p> <p>Additional items of interest related to Maintenance of Certification. Dr. Russell Pet authored action paper 12E which resolved that the APA encourage the AMA to adopt a policy that MOC should not be a requirement for maintenance of licensure, hospital privileges, insurance credentialing or employment; the APA should support an Self-Assessment-CME option in lieu of the 10 year exam and encourage the ABPN to accelerate the timeline for reform of the MOC process; MOC should not be part of the licensure requirements for the interstate compacts. The action paper carried unanimously in the Assembly.</p> <p>Action paper 12D sought to address the stigma of mental illness within our profession by passing an action paper directing that medical licensing boards for both allopathic and osteopathic physicians cease to inquire as to a history of mental illness and limit themselves to questions regarding mental illness that was work impairing only. This passed on the floor of the assembly.</p> <p>Action paper 12O was generated a lot of controversy. It sought to create a council on Women's Psychiatry. Historically the APA had many councils including a council on women's psychiatry. A few years ago the APA was restructured and fewer councils were formed and they were tasked with the specific boarded subspecialties within psychiatry. This consolidation was motivated by the fact that the large number of councils was thought to disempower all of them. This is the first new council proposed since that restructuring and the first that is not currently a boarded subspecialty. This passed the assembly after vigorous debate.</p>	
---	---	--

	<p>Action paper 12P passed the assembly. This called for a review of the financial implications of rule 95 which allows for dues exemption for lifetime members. This was controversial as many felt that the inevitable conclusion was the elimination of this rule. The mandate is simply that the financial effect of the rule be evaluated so that this can be discussed further. You may hear more from MAPP as we look into how this impacts us.</p> <p>Finally an urgent Action Paper on Ligature was first highlighted by Saul Levin, APA medical director, as a crucial reaction to recent CMS and Joint Commission actions. As many of you know they have taken a hard line on ligature risk in the hospital setting and mandated immediate facility improvements such as door alarms, new faucets and flush mechanisms, and new door knobs at considerable expense. Of the first 5 institutions that were assessed by Joint Commission with these new guidelines 2 of them closed completely due to the expense of these modifications. This action paper calls for immediate end to the implementation of these guidelines and consultation with the APA and the AMA regarding the development of new safe facility guidelines, as is the usual practice. This passed by a wide margin.</p>	
<b>Membership</b>	D. Poulin reviewed the year-to-date membership numbers and remarked that there was a slight increase of 4 new members who transferred in from other DBs, including Dr. Charles Reynolds, MAPP's Fall Program presenter.	<b>D. Poulin will schedule another event in early December in the mid-coast area.</b>
<b>Committee Reports</b>	<p><u>Fall Program</u>. Dr. Moltz reported that the Fall Program was well attended and the evaluations (included in the agenda packet) were very good.</p> <p><u>12<sup>th</sup> Annual Spring Program</u>. The theme for this year's program is on the <b>Psychotherapy of Borderline Personality Disorder</b>. Dr. John Gunderson from MacLean Harvard and Dr. Dan Price are both confirmed for April 27<sup>th</sup>. D. Poulin has advertised the event in MMA's quarterly mailing and has sent invitations to potential exhibitors.</p> <p><u>Fall Program on Immigration/Refugees</u>. There is a small sub-group of the Program Committee that is working on a program for the fall of 2018. The committee includes Drs. Moltz, Hallward, and D. Poulin.</p> <p><u>Advocacy Training Program</u>. D. Poulin reminded the group that she and others are working on a small advocacy training program for MAPP with the help of a small grant she received from the APA. She had hoped to have this accomplished this year but because of other priorities she asked for and was granted an extension through the end of May.</p>	<b>Informational.</b>  <b>D. Poulin is working on the CME packet and once approved will market the program. She already has a lot of interest from exhibitors.</b>  <b>The next Program Committee meeting will be scheduled for November 6, 12-1 p.m.</b>
<b>Consultation Project</b>	There is not much to report except that we are using the majority of our DHHS funding on adding another program that is relevant to the needs of the primary care practices.	<b>Informational</b>
<b>Ethics</b>	There were no ethical issues to discuss.	<b>Informational</b>

<b>PPD Project</b>	No recent updates.	<b>Informational</b>
<b>Website</b>	D. Poulin reminded the group that MAPP has a Facebook Page and a Twitter account. She posted a job listing on MAPP's website today. Members are encouraged to write articles of their choosing for the website.	<b>Articles for the website should be forwarded to Ms. Poulin. She will send out an invitation to MAPP members on the Listserv</b>
<b>Next Meeting</b>	The next MAPP EC Meeting is scheduled for <b>January 18, 2018</b> .	<b>Informational.</b>
	Meeting adjourned at 7.40 p.m.	

*Meeting minutes recorded by Dianna Poulin, Executive Director*

### Mark Your Calendars

Date	Meeting	Time
<b>01/18/2018</b>	<b>MAPP Executive Council</b>	<b>6-8 p.m., via conference call</b>
<b>03/15/2018</b>	<b>MAPP Executive Council</b>	<b>6-8 p.m., Place TBD</b>
<b>04/26-27/2018</b>	<b>MAPP's 12<sup>th</sup> Annual Spring Program Psychotherapy of Borderline Personality Disorder. Dr. John Gunderson</b>	<b>Hilton Garden Inn, Freeport</b>
<b>05/17/2018</b>	<b>MAPP Executive Council</b>	<b>6-8 p.m., Place TBD</b>
<b>06/21/2018</b>	<b>MAPP Executive Council</b>	<b>6-8 p.m., Place TBD</b>
<b>09/7-9/2018</b>	<b>MMA's 165<sup>th</sup> Annual Session</b>	<b>Bar Harbor</b>
<b>09/20/2018</b>	<b>MAPP Executive Council</b>	<b>6-8 p.m., Place TBD</b>
<b>11/15/2018</b>	<b>MAPP Executive Council</b>	<b>6-8 p.m., Place TBD</b>