

# Ten CME Credits from Safe Space Radio

Approved by the Maine Medical Center for AMA PRA Category 1 Credits, and free to MAPP members

**Our ten educational podcasts** offer insight and empathy about subjects that are hard to talk about because of stigma, shame and silencing. Each podcast includes highlights from conversations with patients, caregivers and experts describing what it is like to live with clinical issues that are marginalized. Recent research shows that listeners feel more understanding and confidence addressing these subjects after hearing these shows.

Listen at [safespaceradio.com](https://safespaceradio.com) (or at the links below) then click on the “Questions” tab to register, fill out the evaluation, and print out a certificate that gives you a permanent record of your CME credit. Members of the Maine Association of Psychiatric Physicians will receive CME credit for free, please have your APA ID# available. We hope you enjoy these heartfelt interviews and incorporate the wisdom, courage and recommendations into your work.



Caregiving for patients with Dementia



LGBTQ Teens & Suicide Prevention



Adverse Childhood Experiences



Living with Anxiety



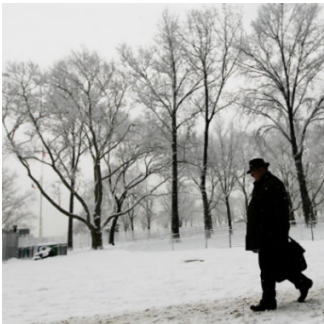
Living with Major Mental Illness



Shame & Trauma in Medical Encounters



Refugees & Asylum Seekers



Suicide



Death & Dying



Addiction



Founded in 2008, Safe Space Radio is a nonprofit, award-winning public health intervention that uses storytelling and courageous conversations to reduce stigma, shame, and isolation.

# SAFE SPACE RADIO

**SSR Host Dr. Anne Hallward** is a board certified psychiatrist in Portland, Maine. Formerly on the faculty at Harvard Medical School, she co-designed and taught courses on death and dying, cultural competence, sexuality, and psychiatric interviewing. The recipient of numerous awards for her work in mental health, social justice, and radio broadcasting, Anne speaks internationally on public health, the role of the clinician in fostering courage, shame and traumatic silence, and rehumanization in medical practice. Learn more about Dr. Hallward at: [safespaceradio.com](https://safespaceradio.com).

“These podcasts are not only educational and informative, they are also inspiring and really touch your heart.”

Lynn Ouellette, MD