

OCTOBER 8, 2026 FROM 1-8PM

CLIMATE CHANGE AND MENTAL HEALTH

HARRASEKET INN, DOWNTOWN FREEPORT

OPENING PRESENTATION

1:00-2:00PM

Climate Change as Antidotes to Despair

- David Kunhardt - Maine Climate Lobby

2:00-3:00PM

The mental health impacts of climate change and what the latest evidence tells us. - Chelsea Nyamutowa - NH Health Climate

RESIDENT TALKS (3)

3:00 - 3:30 PM

Social and Exhibitor Time

3:30 - 5:00 PM

Displacement and its Discontents: The Mental Health Burden of Climate Change Based Migration- Punit Matta, MD, MBA

The Second Arrow of Climate Change- Armando Braz, MD

Treatment of Climate Change Anxiety in Adolescents - Ellen Meierer, MD

DINNER AND KEYNOTE

5:00 - 6:30 PM

Dinner and Social/Exhibitor Time

6:30 - 7:30 PM

Climate Change and How it Effects our Mental Health - Lise Van Susteren, MD

7:30-8:00 PM

Panel Discussion

Registration: www.mainepsych.org/calendar

FMI: tlloyd@mainephysicians.org

